

Work-life balance: Top Ten Habits...

Jim Bennett

Did I laugh today?



Did I Keep All My Commitments?



What did I do today to show my family I love them?



Did I compromise my integrity today?



Did I make a difference today?



Did I schedule some quiet time today?



Am I sure about what matters most?



Did I read or learn anything new?



On a day off, do I rest or am I restless?



What will I do differently tomorrow?

